

Vedic tradition

Shramana tradition

Tantra

Samkhya

Buddhism

Jainism

"Samkhya Karika" 200 CE

"Brahmanas" 900-500 BCE

"Bhagavad Gita" 5th-2nd Century BCE

"Katha Upanishad" 6th Century BCE

Patnanjali's "Sutras" 100 BCE-500CE

Yogachara Buddhism 4th-5th Century CE

"Tattvarthasutra" 2nd Century CE

Adi Nanth (Shiva?)

Matsyendranath "Lord of Fish" "Hatha Yoga"

Gorakshanath b. 8th century "Laya Yoga"

Raja (Classical) Yoga

"Sikhism" Guru Nanak Dev Ji 15th Century

John Woodroffe (Arthur Avalon) Late 19th/early 20th century "The Serpent Power"

Dadaji

Vishnu Bhaskar Lele "Integral Yoga" Sri Auribindo B. 1872 Mirra Alfassa Sri Auribindo Asharam

Vishwananda Saraswati Sivananda B. 1887

Mahavatar Babaji (Saint?) "Kriya Yoga" Lahiri Mahasaya Bengali Baba Yuktswar Giri

Bhagavan Nitkananda "Siddha Yoga" Muktananda B. 1908 "Transcendental Meditation" Maharishi Mahesh Yogi

Krishnanand Saraswati Brahmananda Saraswati B. 1870

Ramakrishna B. 1888 Vivekananda b. 1863 "World's Parliament on Religion" Ghandi

Babu Bhagwan Das Yoga Kurunta "Krama Vinyasa" Ramaswami Krishna-macharya B. 1888

British Gymnastics Krishna-murti B. 1895 "Moving Into Stillness" Eric Schiffman

Yogi Bhajan b. 1929 "Kundalini Yoga" 3HO Happy, Healthy, Holy

Satananda Saraswati "Satananda Yoga" Vishnu-devananda "Sivananda Yoga"

Yogananda b. 1893 "Autobiography of a Yogi" Dr. Joseph Baptiste Walt Baptiste (nephew) B. 1917

Bishnu Ghosh (brother) Swami Rama "Shanti Mandir" Mahamandaleswar Nityandana

Maharishi Mahesh Yogi "The Beatles" "Sexy Sadie" David Life "Jivamukti Yoga" Sharon Gannon

Nirmalanda "viniyoga" Gary Kraftsow Patabhi Jois "Ashtanga Yoga" BKS Iyengar (brother in law) "Light on Yoga"

Patabhi Jois "viniyoga" Gary Kraftsow Manju Jois (son)

BKS Iyengar (brother in law) "Light on Yoga" Richard Rosen "Living Your Yoga" Judith Hanson Lassiter

Kripalu Institute, Massachusetts

3HO Happy, Healthy, Holy Krishna Kaur Gurmukh Kaur Khalsa "Y.O.G.A. for Youth" Golden Bridge, LA

Mani Finger "Integral Yoga, TM" Alan Finger (son) "ISHTA" Rod Stryker "Para Yoga" Karina Ayn Mirsky

Yogananda b. 1893 "Autobiography of a Yogi" Dr. Joseph Baptiste Walt Baptiste (nephew) B. 1917 Satchidananda

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Yoga Works

Seane Corn "Off the Mat"

Kathryn Budig

Sadie Nardini "Core Power Yoga"

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